


## EARLY YEARS CHECK-IN

The Early Years Check-In is a series of rating scales that asks you to rate your level of concern regarding how your child is developing. It can be completed for children 18 months - 6 years. The Early Years Check-In is not a diagnostic tool.

**Instructions: Place a vertical line to indicate your level of concern. See example below.**



A horizontal bar with a light blue gradient from left to right. A vertical black line is drawn across the bar, positioned approximately two-thirds of the way from the left. A curved black arrow points from the top right towards the vertical line.

**No Concerns** **Very Concerned**

**Compared to children of the same age, how would you rate the following areas of development?**

1. How this child gets along with others:



A horizontal bar with a light blue gradient from left to right.

**No Concerns** **Very Concerned**

2. How this child moves their body (e.g. walks, runs, jumps, hops, throws/catches, uses stairs or play equipment):



A horizontal bar with a light blue gradient from left to right.

**No Concerns** **Very Concerned**

3. How this child learns:



A horizontal bar with a light blue gradient from left to right.

**No Concerns** **Very Concerned**

4. How this child behaves:



A horizontal bar with a light blue gradient from left to right.

**No Concerns** **Very Concerned**

5. How this child **takes care of himself:**

No Concerns

Very Concerned

6. How this child **uses their hands and/or fingers to do tasks** (e.g. builds a tower, turns pages of a book, prints):

No Concerns

Very Concerned

7. How this child **understands what others say:**

No Concerns

Very Concerned

8. How this child **focuses attention:**

No Concerns

Very Concerned

9. How this child **talks:**

No Concerns

Very Concerned

10. How this child **expresses emotion:**

No Concerns

Very Concerned

11. **OVERALL**, how would you rate this child's development?

No Concerns

Very Concerned

# EARLY YEARS CHECK-IN (EYCI) SCORING INSTRUCTIONS

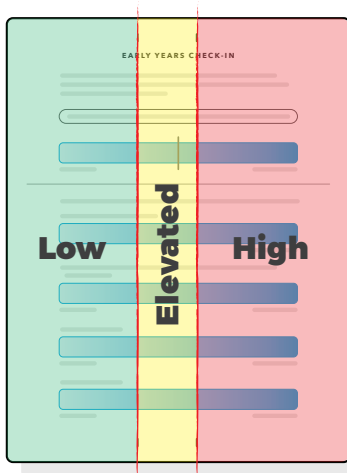
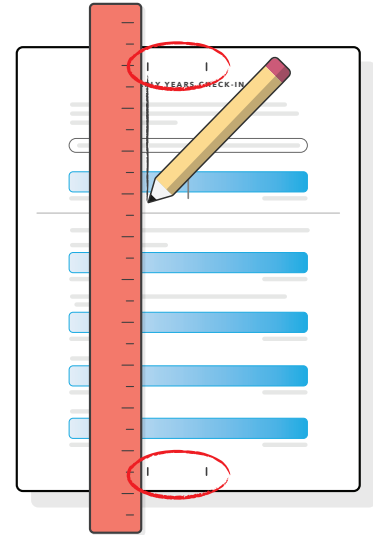
Please complete the EYCI before reviewing the scoring sheet for more accurate results.

The EYCI score identifies three levels of concern: **Low, Elevated, and High**.

## INSTRUCTIONS

Scoring the EYCI is simple:

1. There are 2 marks at the top and 2 marks at the bottom of the EYCI (circled in the picture on the right).
2. Draw a straight line from the mark at the top left of the page down to the mark at the bottom left of the page.
3. Repeat this for the marks on the right. This will divide the page into three sections.
4. Now, find the highest section where you had at least one checkmark to know your score.



## WHAT DOES YOUR EYCI SCORE MEAN?

**Low Concerns:** Complete the Early Years Check-In again in a few months to see if there are any changes. Speak with your early years professional\*, child care or health care provider to learn more about child development.

**Elevated Concerns:** There may be many reasons why you have elevated concerns about your child's development. Speak to your early years professional, child care or health care provider to discuss your concerns and learn more about resources in your community that can provide more information and help determine if any follow-up is needed.

**High Concerns:** With high concerns for your child's development, speaking to your early years professional, child care or health care provider is an important first step. They can identify the best ways to respond to your concerns and help connect you to additional services and supports or refer you to appropriate professionals in your community.

*\*The term 'early years professional' refers to a range of professionals, including registered early childhood educators, child care providers, health care providers, and others who work in settings that support young children and their families.*

## OTHER RESOURCES

To find expert-reviewed games and activities you can do with your child to support their development at home, check out "Play&Learn" at [playandlearn.healthhq.ca](https://playandlearn.healthhq.ca). Your local **EarlyON Child and Family Centre**, Public Health Unit, library, or community centre may also have information about early childhood and parenting supports in your community.

Learn more at: [eyci.ca](https://eyci.ca)